SCIENCE & TECHNOLOGY JOURNAL

Author Quick Guide | Submission and Revision

Mizoram University | https://stjmzu.org

1. Article types and indicative limits

Article type	Word count	Figures + tables	Abstract
Original Research Article	4,000-7,000	Up to 8	Up to 300 words; structured
Review (by invitation only)	6,000-10,000	Flexible	150-250 words; unstructured
Perspective / Opinion	2,000-4,000	Up to 4	150-200 words
Short Communication / Note	1,500-2,500	Up to 3	Up to 150 words
News / Commentary	Up to 1,500	Up to 2	Not required

Article categories and limits follow the existing Quick Guide; acceptance of any category remains subject to current journal policy and editorial decision.

2. Initial manuscript submission

Prepare the manuscript in clear English as a Microsoft Word (.docx) file and provide a PDF version. For initial submission, use 12-point Times New Roman, double spacing, and margins of at least 2.5 cm. Include page and line numbers.

The title page should provide the full title, running title (up to 50 characters), author names, affiliations, email addresses and corresponding author details. Include an abstract appropriate to the article type, 4-6 keywords where an abstract is required, and clearly identified sections (Introduction, Materials and Methods, Results, Discussion and Conclusion, as applicable).

3. Revised manuscript and STJ template

After peer review, prepare the revised manuscript using the official STJ Author Manuscript Template (.docx), available through the journal's Author Guidelines page. Follow the template's heading styles, spacing, figure/table captions, references and section order. Submit a clean revised manuscript and a response to reviewers as requested by the editor.

4. Figures, tables and references

Place figures and editable tables near their first mention in the manuscript. Number each consecutively; place figure captions below figures and table titles above tables. Supply figure files separately where requested (TIFF, JPEG or EPS; normally at least 300 dpi). Do not submit tables only as images.

Use numbered Vancouver-style references, cited in square brackets (for example, [1], [2,3], [4-6]). Ensure that every citation matches an entry in the reference list and provide DOI or stable URL wherever available.

5. Files and declarations to upload

• Word manuscript and matching PDF.

• Similarity report (Turnitin/iThenticate) as a supplementary PDF, generated using a no-repository / do-not-store setting.

• List of five suggested referees with affiliations, institutional email addresses, expertise and no known conflicts of interest.

• Completed STJ Declarations Form covering author contributions, conflict of interest, funding and acknowledgements.

• Cover letter explaining the novelty, significance and suitability of the work.

6. Ethics, originality and final checks

Confirm that the manuscript is original, is not under consideration elsewhere, and meets applicable research ethics and informed-consent requirements. Ensure all authors approve the submission and the journal's copyright/open-access terms (CC BY 4.0). Review all files and metadata before submitting.

Downloads: The manuscript template is linked in the journal Author Guidelines. Suggested referees template: Suggested Referees (.docx). Declarations form: STJ Declarations (.docx).